

**PALUMBOSY**  
SUPERYACHTS REFIT

Spa&Wellness



Dear Guest,

Welcome to *PalumboSY Spa&Wellness*.

Because your wellbeing matters to us, it is important - prior any treatment - to advise the therapist if you:

- ∞ Have any medical conditions or are receiving any treatment/medication
- ∞ Have recently had an injury or operation
- ∞ Are allergic to anything (particularly skin allergies)
- ∞ Have any broken bones, skin or sores
- ∞ Are or think you might be pregnant.

In order to this, please come 15 minutes prior to your appointment, to fill up the consultation form, allowing your therapist to help you choose the most suitable treatment.

**We wish you a pleasant relaxing time**

# Massages



## Swedish massage

⌘ 60mins, 50€ ❧

⌘ Essential oils- 60mins, 55€ ❧

Dynamic work on the muscles and joints, this soothing and relaxing massage dissolves the tensions, tones the body and stimulates blood circulation for a better elimination of toxins. An effective way to relieve muscles tension and aches while relaxing.

## Sport Massage

⌘ 60mins, 50€ ❧

## Relaxing Massage

⌘ 60mins, 50€ ❧

## Indian head massage

⌘ 30mins, 30€ ❧

Working on the three higher chakras, this treatment using gentle and stimulating techniques improves the blood flow, nourishes the scalp and induces a deep sense of calm.

## Anti-Cellulite Massage

⌘ 60mins, 60€ ❧

## Candle massage

⌘ 60mins, 60€ ❧

Beyond its relaxing and soothing features, a candle massage is also deeply nourishing to the skin. Broad kneading, light pressure and smooth rubbing movements will enhance the elasticity of your skin and provide you relaxation.

- Contraindications: pregnancy, breast feeding if candles with essential oils

## Foot Reflexology

⌘ 70mins, 60€ ⌘

Reflexology is the application of appropriate pressure to specific points and areas of the feet. Reflex points correspond to different body organs and systems, and pressing them has beneficial effects on the organs and a person's general health.

It supplies body energy and changes its fluidity. Stasis in the energy flow arising in the body is removed, obstacles in the free circulation in the lymphatic system and bloodstream are eliminated and brought to normal.

## Lomi Lomi

⌘ 90mins, 85€ ⌘

Lomi Lomi is an art of massage from the temples of Hawaii, a ritual for cleaning the body and mind which has been practiced for hundreds of years. It is used to revive the body, move blood and lymph, release muscle tension and facilitate waste product removal from muscle and connective tissue.

## Wellness Package

⌘ 120mins, 90€ ⌘

1 hour Swedish massage

30 minutes Head massage

30 minutes Foot massage

# Body treatments



# Body exfoliation

## **HIMALAYAN SALT EXFOLIATION**

⌘ 45mins, 40€ ⌘

Regenerating · Purifying

## **DEAD SEA SALT EXFOLIATION**

⌘ 45mins, 40€ ⌘

Soothing for atopic and itching skin · Mineralizing

### **BENEFITS OF EXFOLIATION**

Removal of dead skin cells · Softening

It is a very good preparation of the skin for a body wrap.

# Body wraps

## **SLIMMING BODY WRAP**

⌘ 55mins, 45€ ⌘

*Guam*, the solution against cellulite and orange peel complexion.

Unique formula against unsightly skin combining seaweed, green clay, phyto extracts and essential oils with effective improvements.

### **BENEFITS**

Reduced cellulite · Improved circulation, skin elasticity and complexion

## **DEAD SEA MUD BODY WRAP**

⌘ 45mins, 40€ ⌘

Providing a massive intake of minerals and trace elements, it boosts the metabolism and, relieves muscle tension and osteoarthritis pain.

### **BENEFITS**

Revitalizing · Mineralizing · Detoxifying

Facials





## Classic facial

⌚ 75mins, 50€ 🌀

Comforting treatment individually tailored to your skin type and condition, and including a relaxing face massage.

### **BENEFITS**

Deep cleansing · Relaxing · Moisturized or rejuvenated skin

## Express facial

⌚ 25mins, 30€ 🌀

## Ultrasonic Facial

⌚ 1hr 15, 65€ 🌀

Offering a gentle alternative to plastic surgery, injections, laser or other invasive skin rejuvenation treatments, Photon Ultrasonic works with high-level sound wave technology to penetrate deep below the surface of the skin.

In addition to the classical facial routine, the micro vibration will stimulate the cells and spark an accelerated rejuvenation effect.

### **BENEFITS**

Deep cleansing & moisturizing · Cellular renewal & repair · Muscle toning · Increased body circulation · Lymphatic drainage · Action on puffiness and swelling

3 sessions (one week): 185 €

6 sessions (2 weeks): 360 €

Hands&Feet



Spa Manicure ⌘ 30€ ⌘

Mini manicure ⌘ 20€ ⌘

Spa Pedicure ⌘ 35€ ⌘

Mini pedicure ⌘ 25€ ⌘

Kindly note that our pedicure isn't a medical pedicure and no blade will be used.

• **Contraindications:** verruca, ingrowth nail, athlete's foot, nail fungi •

Nail polish application ⌘ 10€ ⌘

• WE ARE NOT EQUIPPED FOR GEL AND ACRYLIC REMOVAL •

Silky skin ⌘ 15€ ⌘

Pamper yourself a little further and extend your manicure or pedicure with a **paraffin wax soak**.

Paraffin wax has many wonderful benefits for both your skin and overall health. Not only it is deeply hydrating and nourishing to the skin, it moreover increases blood flow, relaxes muscles and reduces stiffness in the joints.

Very beneficial for dry or cracked skin, arthritis and fibromyalgia.

Waxing&Tinting



# Waxing

Half leg · 13€

Full leg · 25€

Forearm · 10€

Full arm · 20€

Underarm · 5€

Bikini line · 10€

Back or chest · 15€

Back & chest · 22€

Upper lip & chin · 5€

Eyebrow tidy · 5€

Eyebrow shaping · 10€

# Tinting

Quick treatment with instantly amazing results, tinting is the perfect alternative to makeup for anyone wanting darker and longer looking eyelashes, lasting up to 6 weeks.

Eyebrow or eyelash tint · 15€

Eyebrow & eyelash tint · 25€

IN ORDER TO ENSURE NO IRRITATION OR ALLERGY WILL OCCURR, A SKIN SENSITIVITY MUST BE CARRIED ON AT LEAST 24 HOURS PRIOR THE TREATMENT, WHEN IT IS THE FIRST TIME YOU BOOK THIS TREATMENT WITH US.

## Aftercare advices

To maintain the tint for 24hours avoid:

Rubbing/ touching · makeup and eye treatment · swimming · sunbath and heat treatments.

Please note that oil-based makeup remover can cause the tint to fade quicker.

# Packages & Facilities



## Facilities

⌘ 1hr, 10€ ⌘

Use of sauna and jacuzzi

## Stress buster pack

⌘ 1hr30, 85€ ⌘

Back exfoliation · BNS massage · Express facial

## Cocoon pack

⌘ 2hrs, 95€ ⌘

Use of jacuzzi · Detox body wrap · Aroma massage

## Detox body pack

⌘ 1hr45, 78€ ⌘

Purifying, moisturizing, anti-aging, hydrating and toning treatment, the Dead Sea salt and mud will provide a massive intake of minerals and trace elements to your body, relieve muscle tension and osteoarthritis pain.

# Palumbo Super Yachts

## Spa & Wellness

31<sup>st</sup> of March Street, SENGLEA

📞 +356 79002368

### OPENING HOURS

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The Staff of the Spa&Wellness centre works by appointment, therefore we strongly recommend you to early booking your treatments with at least a day early.

Kindly note that the spa treatments, services and facilities provided at the Spa&Wellness are intended for general purposes only, and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have.

### BOOKINGS

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All Spa&Wellness services require a reservation (at the reception, by phone or by e-mail).

When booking, please provide name, surname and contact number.

### ETIQUETTE

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For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Phones and electronic devices are to be switched off or on silent mode. Smoking and alcohol consumption are not allowed within the spa.



### **CHECK-IN**

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Please arrive 15 minutes prior to your scheduled treatment to avoid reduced treatment time and to have the time to fill up the consultation form.

A late arrival will result in a shortened treatment to accommodate other guests fairly.

Payments will be settled in cash.

### **VALUABLES**

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We recommend you not to carry any valuable items to the Spa. The management and staff do not take responsibility for the loss or theft of money or valuables of any kind brought into the spa premises.

### **CANCELLATION & REFUND POLICY**

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A 4-hour cancellation notice is required to help us re-schedule appointments.

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.